



# Climb Your Family History Tree

**This patch program provides girls, troops and families a fun and interesting way to learn more about their family history.**





## Girl Scouts of California's Central Coast

### Climb Your Family Tree Patch Program

***Everyone must complete all of the following activities to earn the patch:***

#### **Discover!**

Start your family history investigation!

- Interview three of your family members. You can record the interview or write information down. Pick from the list of family members below to interview.
  - Grandparents
  - Grand-Aunts
  - Grand-Uncles
  - Parents/Step-Parents
  - Aunts
  - Uncles
  - Other important adult in your family

Ask each family member being interviewed at least 10 of the listed questions. You can ask all three the same questions or you can mix it up and ask different questions each time. Use this form to interview family members - [Interview Family Members](#)

#### **Connect!**

Complete the connection you began by discovering more about family members. Use the information you collected to create a family tree.

Materials Needed:

- A few pieces of sturdy paper or cardboard
- Markers, crayons, colored pencils - whatever colors you want to use
- Pair of scissors
- Pictures from old magazines or catalogs, or pictures you find online
- Tape or glue stick
- And of course, creativity and imagination!

Family Tree

- Create a family tree of at least three generations – you, your parents and your grandparents. Fill in the name, date of birth, where they were born, where they live now and date of death if appropriate. You can design your own tree, find a family tree pattern on the internet or use this form - [Family Tree Pattern](#)

## Family Food Tree

- Ask as many members of your family – grandparents, grand-aunts & uncles, parents, guardians, siblings, cousins as you can the questions below.
  - What is one of your favorite foods you eat with family?
  - Why is it your favorite?
  - Did someone special make it for you, or is it a family recipe?
  - Is there another reason?
- Note Your Findings: Write (or draw) each food people tell you. Compare their answers.
  - Did some family members say the same things, or are they all different?
  - How do their favorite foods compare to yours?
- Create your Family Food Tree: Once you find matching food pictures, cut them out. Draw a tree base and put the pictures on. Decorate the tree or the area around it any way you want to.
- Questions to Think About:
  - How important is food in our family history?
  - What can our favorite foods help tell us about our family and culture?

## Take Action!

*Pick two (2) of the following Take Action activities:*

Materials Needed for some of the Take Action activities:

- A few pieces of sturdy paper or cardboard
- Piece of cloth large enough to make a family banner
- Markers, crayons, colored pencils - whatever colors you want to use
- Pair of scissors
- Pictures from old magazines or catalogs, or pictures you find online
- Tape or glue stick
- And of course, creativity and imagination!

Create a Family Banner

- Share what you learned about your family with others – your Girl Scout friends, family members in other states or countries.
- Invite your family to work with you to design a crest, emblem or logo that reflects your family heritage. Next, create a family banner to display your crest, emblem or logo. When it is complete, unfurl it during family home evenings or other special family occasions.
- Invite your family to work with you to create a family collage. Use photos of family members, favorite family items, family memories and experiences.
- Learn about the traditions and foods eaten by your ancestors. Find a meal you like & have fun making and sharing a meal with your family!
- Turn the answers to your interview questions into a poem or story of your family. Share with others.

- Write a letter to a member of your family in another state or country. Share all of the interesting information you learned interviewing family members.

*OPTIONAL:*

- Share Your amazing Family with your Girl Scout Council:
  - Take a picture of your family food tree, collage and/or banner. Send it to [media@girlscoutsccl.org](mailto:media@girlscoutsccl.org). Be sure to include your name, Troop # or city.