



Rancheras at Camp Arnaz



The Rancheras Program pays homage to our council's history while encouraging girls to embrace those same life skills. Starting in the 2020-2021 Girl Scout year, this new program is an exclusive experience for **Senior** and **Ambassador** Girl Scouts. Girls will work in the **Camp Arnaz Equine Center** to learn leadership skills based around horsemanship. Working with council staff, they will take on tasks such as proper grooming and care for the animals, maintenance of the equipment, health and first aid knowledge, how to saddle, horseback riding and proper form, and more!

Rancheras Basics can only help lead **Daisy** and **Brownie** workshops where the girls are not hands on.

Basics (3+ months)

Learning the basics and how to be hands-on.

Girls must record six hours a week for three months or eight-hour days for a weekend a month for three months, a total of 30 hours.

Program Focus – horse care and maintenance

- a. Safety - horse and girls safety
- b. Feeding - what to feed them, how to feed them
- c. Grooming - girls will learn how to groom properly
- d. Saddling/bridling
- e. Basic handling - how to walk with a horse, handle a horse from the ground
- f. Basic health/healing - minor injuries, how to handle them
- g. Ground work - lunging, turning out
- h. Cleaning Stalls
- i. Cleaning Equipment - tack oiling
- j. Equine first Aid
- k. Girl First Aid



Pre-Requisites: Must be a registered Girl Scout. Must be at least 13 years old as of 1/1/2021.

Interested Girl Scouts should **fill out this form** to get started.

There is a 3-part application process to be accepted. Submit this form and we will schedule a phone call to answer any questions, then attend an in-person meeting, and finally a one-on-one assessment with the Equine Team at Camp Arnaz. If you are approved to become a Ranchera a \$25 annual fee is due. Rancheras will receive a t-shirt and patch.

