



# **Junior Flowers Badge Workshop**

An At-Home Program

# Junior Flowers Badge Workshop

## (At-Home Version)



### Program Outline

#### Materials:

- Pencils (regular and colored pencils)
- Notebook
- Fruit from a flower as a snack
- Dried flowers
- Wax paper
- Iron
- Scissors
- Print outs of coloring pages with a variety of flowers

#### Step 1: Uncover the science of one flower → Go on a flower hunt

##### Instructions:

- Find five kind of flowers growing around your town. Don't pick them, but use your eyes alone to get a close look.
- In your notebook sketch or write a description of what you see.
- Record:
  - The different types of flowers you saw, maybe use the internet to look up the specific names if you don't know them.
  - If the flowers have a strong smell.
  - When is the best time of year to find flowers in full bloom?

## **Step 2: Look under the petals → Stop and smell the flowers**

Instructions:

- Look around outside and locate a flower that has a scent. Now watch this flower until something comes to visit it. (This will most likely be something like a butterfly or a bee)
  - o In your notebook write down what the first thing is that comes to visit the flower.
  - o How long did it take?
  - o Do you think there is a reason flowers have a scent?
- If you would like to watch more than one flower and then compare notes on the two.

## **Step 3: Find out how flowers help people → Some flowers are fruit in disguise**

Instructions:

- Did you know that some flowers will eventually become a fruit? An example of this is an apple, it grows from an apple blossom.
- Now it's your turn to find a flower that turns into a fruit, and make a snack for yourself using this fruit.
- Questions to answer:
  - o Have you tried this fruit before?
  - o Were you aware that it came from a flower before this activity?

## **Step 4: Have fun with flowers → Dried flower art**

Instructions:

- Find flowers that you are allowed to pick (always ask permission). Pick a few for your bookmark.
- Let's make a pressed flower bookmark. To start you will need to flatten the flowers by placing them inside a heavy book.
- Next, place the flattened flowers between two sheets of wax paper.
- Now that the flowers are between two pieces of wax paper, have an adult help you iron the wax paper. Once you are done ironing it, cut around the flowers to make the bookmark a good size.
- Discuss:
  - o What types of flowers are in your bookmark? Can you name all the different types?

## **Step 5: Send a message in flower code →**

Instructions:

- Color the print outs of the different flowers.
- Cut out the flower coloring pages.
- Once they are all cut out arrange the flowers in a "pretty way."

- Basic arrangements use an arch shape, with the taller flowers in the middle and the shorter ones around the outside.
- Flower arranging is about imagination. Mix flowers, colors, heights, and shapes however you want!

**Fill out this form when completed:**

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