



ABOUT CULTURAL KITCHEN

The Cultural Kitchen program is an educational youth outreach program of local Hostelling International USA councils and hostels. The curriculum has been designed to meet the needs of Girl Scouts and their troop leaders. Our mission is “to help all, especially the young, gain a greater understanding of the world and its people through hostelling.”

Cultural Kitchen provides young people with the opportunity to open their minds to the world and its many cultures. Participants are between the ages of 8 and 18 and learn about a culture that is new to them, which includes making an authentic meal of the chosen culture. While at the hostel, the students interact with international travelers, giving them another opportunity to experience world cultures.



CELEBRATING THE CULTURAL SPICE OF LIFE!

“This project was a good way for a person to grow in both mind and character.”

Senn High School student, age 17

“I travel a lot and have never heard of anything like this, but I’ll spread the word!”

Hostel guest, Ft. Lauderdale, Florida

“Our students LOVED this!!!”

Hancock High School teacher

“The Cultural Kitchen program teaches you to have an open mind. It was interesting to learn about how people live in different countries.”

Kennedy High School student, age 15

“I will always remember this day! Meeting people from different countries and getting to know them was so exciting. Today was the best day of my life!”

McDowell Elementary student, age 10



CULTURAL KITCHEN

STRONG EDUCATIONAL STANDARDS

This strong program meets the educational needs of youth in your community.

The Cultural Kitchen Youth Outreach program provides youth, ages 8 to 18, opportunities to:

- Gain a greater understanding of the world and its people.
- Respect different people and cultures as they travel through their own communities, their lives, and our world.
- Become more open minded, caring world citizens.
- Experience the world of hostelling and travel while meeting people from around the world.

WHAT TO EXPECT

Among the items and services provided by Hostelling International USA councils and hostels are:

- Engaging workshop based on strong curriculum
- All curricular materials including handouts and Cultural Passport
- Facilities and equipment
- Support from education staff and volunteers

To ensure a successful and meaningful Cultural Kitchen, group leaders will prepare for activities at the hostel by completing the following:

- Guide youth through country research and presentation preparation
- Facilitate group's choice of four recipes from the focus country
- Buy necessary ingredients for Cultural Kitchen dinner and bring to dinner venue

COSTS

The Cultural Kitchen program is a great way to discover the world with HI-USA. The costs of the program are:

- \$25 per person includes the course curriculum, shared dinner for your group with 5 travelers, breakfast for your group, and educational materials.
- Hostel overnight costs vary. Contact your local HI council or hostel for more information.

WHO TO CONTACT

For more information, please email:

Arielle Semmel
Educational Programs Coordinator
girlscoutsgohostelling@hiosa.org



The Cultural Kitchen program is only one of the efforts by HI-USA to reach out to youth in your community.

- Travel Scholars opens students minds to the world through educational travel. Groups begin the curriculum locally with a workshop led by their HI-USA Council. Groups spend two days at HI-Chicago doing community service and visiting a cultural institution. HI-Chicago provides staff to guide your visit and activities.
- Girl Scouts can earn a patch designed by GSUSA and HI-USA especially for Girl Scouts. The Discover The World patch starts locally with your HI-USA Council and adds purpose to your overnights at hostels.
- World Travel 101 is a two-hour workshop delivered nationally by HI-USA Councils and hostels to high school and college students. If your group wants a great introduction to world travel, contact your local HI-USA Council to learn more about this workshop.