

Girl Scouts of California's Central Coast Trip, Activity and Training Progression 2010

Training, procedures and required forms to follow the GSUSA field trip, overnight stays, and outdoor activity program progression.

1 GSUSA Online Orientation

Self guided online orientation for all volunteers in Girl Scouting. Available in English and Spanish

Pre-requisite: None. Council password needed.

english=discover

spanish=descubrir

Required forms to implement at the troop level: None

First Aid requirement: None

2 Volunteer Essentials

Allows the troop leader to:

- *Meetings at meeting place or visit a park within walking distance of your meeting place*
- *Move into the backyard or playground of your meeting*

Pre-requisite: GSUSA Online Orientation (O.O)

Required forms to implement at the troop level: Annual Permission Slip, No Trip Application necessary.

First Aid requirement: Recommended but not required unless you are conducting an activity that requires a First Aider.

Check [Safety-Wise](#).

3 Online Troop Module and Basic Leadership Training*

*The online Troop Module is mandatory for new leaders. *The in-person BLT training is optional. Both review the basics of troop leadership: troop government, troop leadership*

4 Grade Level Trainings

Specific to the Grade Level: Girl Scout Daisies, Brownies, Juniors, Cadettes, Seniors and Ambassadors. Explore the earned recognitions for each grade level.

Travel: Travel less than 1 hour in one direction to go on a field trip that does not exceed 6 hours. **Cooking:** Make a healthy dinner at the Troop Leader's house. **Product Sales/Community Service:** Can participate in both product sales/community Service.

Pre-requisite: Online Orientation and Volunteer Essentials

Required forms to implement at the troop level: Annual Permission Slip, No Trip Application necessary.

First Aid requirement: Recommended but not required unless you are conducting an activity that requires a First Aider.

Check [Safety-Wise](#).

Pre-requisite: O.O, Volunteer Essentials and Troop Module

Required forms to implement at the troop level: Annual Permission Slip, No Trip Application necessary.

First Aid requirement: Recommended but not required unless you are conducting an activity that requires a First Aider.

Check [Safety-Wise](#).

5 Stepping Out

This training may be completed by the leader or designated troop committee adult member.

6 Beginning Troop Camping

This training may be completed by the leader or designated troop committee adult member.

Travel: Travel more than 1 hour in one direction but not beyond the state of California. **Cooking:** Prepare a simple no cook meal. Plan a meal, prepare it and clean up in an indoor setting without using a barbecue or fireplace. **Overnight:** Have a 1 or 2 night overnight at a scout house, leader's house, or with an organized group (e.g. Bonfante Gardens, Santa Barbara Zoo, Roller Rink Lock-In) where girls do not cook outdoors or use a campfire to roast marshmallows.

Travel: Plan a camping trip of up to 2 nights and learn all outdoor skills required. Learn and be able to teach tent and outdoor camping. **Cooking:** Use camp stove or barbecue (gas or charcoal) or Dutch oven or box oven. Build a campfire and cook marshmallows or S'mores. **Overnight:** Camping trip of up to 2 nights.

Pre-requisite: O.O and Volunteer Essentials.

Required forms to implement at the troop level: Trip Permission Slip to Service Unit Manager within the state of CA.

First Aid requirement: First Aid (Level 1) may be required; consult [Safety-Wise](#).

Pre-requisite: O.O, Volunteer Essentials and Stepping Out

Required forms to implement at the troop level: Trip Permission Slip to Service Unit Manager with state of CA.

First Aid requirement: First Aid (Level 1) is required; consult [Safety-Wise](#).

7 Backpacking

This training may be completed by the leader or designated troop committee adult member.

Overnight: Backpack overnight

8 Trips and Travel

This training may be completed by the leader or designated troop committee adult member.

Pre-requisite: O.O, Volunteer Essentials, Stepping Out and Beginning Troop Camping.

Required forms to implement at the troop level: Trip Application to Council within the state of CA.

First Aid requirement: First Aid (Level 2) IS required; consult [Safety-Wise](#).

Travel: Travel more than 3 nights and/or out of the state of California. Restricted to girls in grades 6 and above (Junior troops may be considered on a case-by-case basis) For international travel contact the council office for training. All trips in this category must be approved by the council office three months prior to departure. If camp traveling required training must be completed.

Pre-requisite: O.O, Volunteer Essentials and Stepping Out

Required forms to implement at the troop level: Trip Application to Council

First Aid requirement: First Aid (Level 1) IS required; consult [Safety-Wise](#).